

Health Center Information

At Camp Walden, we take every precaution to ensure the health of our campers. Our staff includes NY State licensed RNs who are on call 24 hours a day and a licensed pediatrician who is on site and available. Our nurses will treat campers according to standard protocol procedures under the direction of licensed physicians. In addition, Camp Walden continues to have an alliance with the medical staff at Warrensburg Health Center and Glens Falls Hospital. In the unlikely event there should be a medical emergency, parents will be notified as quickly as possible. Parents will also be notified if a camper needs to be brought to a local doctor or dentist, or needs to stay overnight in our health center. If you have any questions for our nurses, you can reach our Health Center directly at 518-644-9827.

Camper Forms

The more we know about your child's medical, social and emotional history, the better care we can provide. Please indicate any information about your child's personality or personal needs that would be helpful. Having prior knowledge about your child's medical needs, psychological development (including any counseling), learning difficulties, bedwetting problems, attention issues, anxiety about new situations, recent losses, or major changes in the family/child's life will help us better care for your child. Any and all information pertaining to your child is enormously helpful as we work to maximize your child's experience at Camp Walden. If we are aware of certain needs or problems in advance, we can train our staff to help your child. Be assured that this information is kept confidential.

TO FURTHER HELP US, WE ASK YOU TO ADHERE TO THE FOLLOWING GUIDELINES:

1. We strongly recommend that you thoroughly check your child's head for lice and/or eggs. If you find lice and/or eggs, please notify camp. In addition, you must wash or boil all items such as hats, stuffed animals, and hairbrushes. If your child arrives at camp with lice, you will be responsible for the \$200 fee charged by the private company we employ to treat your child. We cannot stress enough the importance of checking your child for lice before they arrive at camp. While lice is not uncommon at camp and we do our best to normalize the situation, any child that needs to be treated for lice will be removed from regular programming for 24-48 hours.
2. Dental and orthodontic work must be completed before camp. Please send special instructions from your orthodontist should adjustment or treatment be necessary.
3. If your child wears eyeglasses, please send a second pair along with a copy of their prescription. Children who wear contact lenses should bring adequate cleaning fluid and additional lenses.
4. Walden offers an extensive and varied food menu. However, should your child require a special diet (vegetarian, etc.) and/or have a food allergy, please contact our office to let us know.
5. Advise the camp if your child has had any contact with contagious diseases or if they have traveled outside of North America after June 1st.

How Do I Send my Child's Medicine to Camp???

If your child needs regular medication (prescription, over the counter, homeopathic and/or supplements), please see the following instructions. No camper is permitted to keep ANY medication in their bunk.

1. **US CAMPERS:** Camp Walden is once again partnering with CampMeds licensed pharmacy to supply and package all medications for US Campers. CampMeds will ship these medications to camp before your camper arrives so the Health Center staff can appropriately prepare to dispense medications. Please register directly with CampMeds at campmeds.com. The deadline to register is May 26th for First Session/Full Summer campers; the deadline to register for Second Session/2-Week campers is June 21st. There will be a \$25 late charge fee for all registrations after the deadline. Please see the CampMeds letter in the "Forms & Documents" section of Camp-Minder for further instructions.
2. **MONTREAL CAMPERS:** All medications for Montreal Campers must be placed in a brown manila envelope with your camper's name and birth date on the front, and placed in your camper's baggage. All medications must be in their original container with a doctor's script and must be listed on the Permission to Medicate form. Please email the office at waldenoffice@campwalden-ny.com in advance of baggage departure with the medication name and amount sent for each camper.
3. **INTERNATIONAL CAMPERS:** For those International Campers traveling by air and bringing medication, please alert us in advance and make sure your child is instructed to give his/her medication to his/her counselor or to one of the medical staff upon arrival at camp. Please indicate in writing the exact amount you are sending. Camp Walden will not assume responsibility for discrepancies in the amount of medication sent. All medications must be in their original container with a doctor's script and must be listed on the Permission to Medicate form.

The New York State Department of Health annually inspects all health records, grounds and facilities of Camp Walden. These reports are on file at the Department of Health Regional Office, 77 Mohican Street, Glens Falls, NY 12801