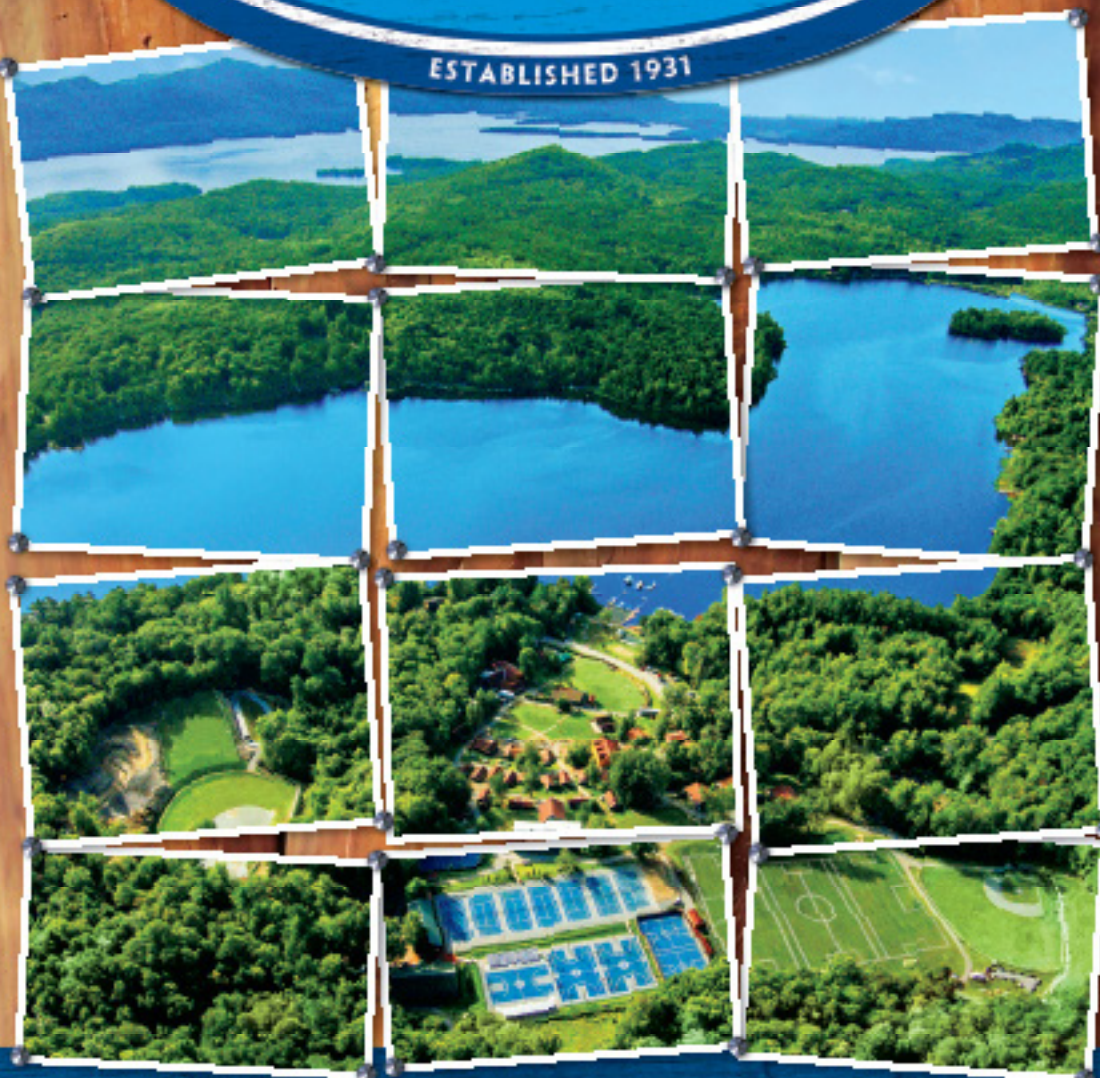
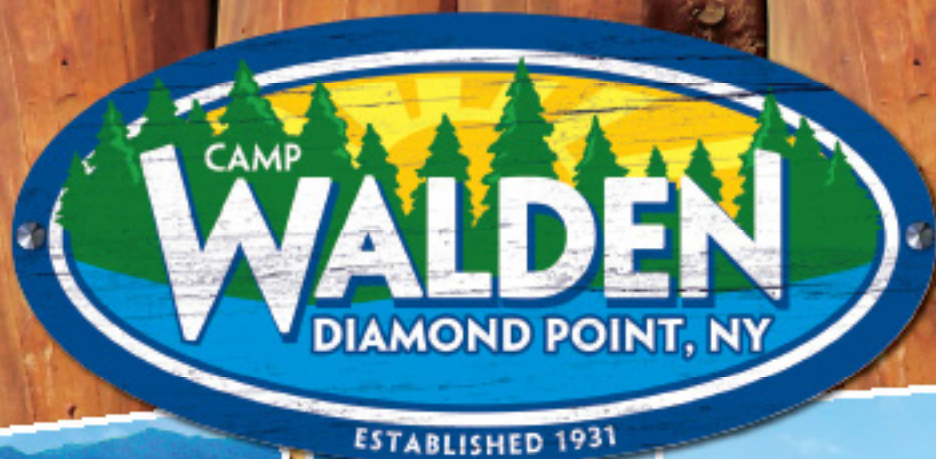
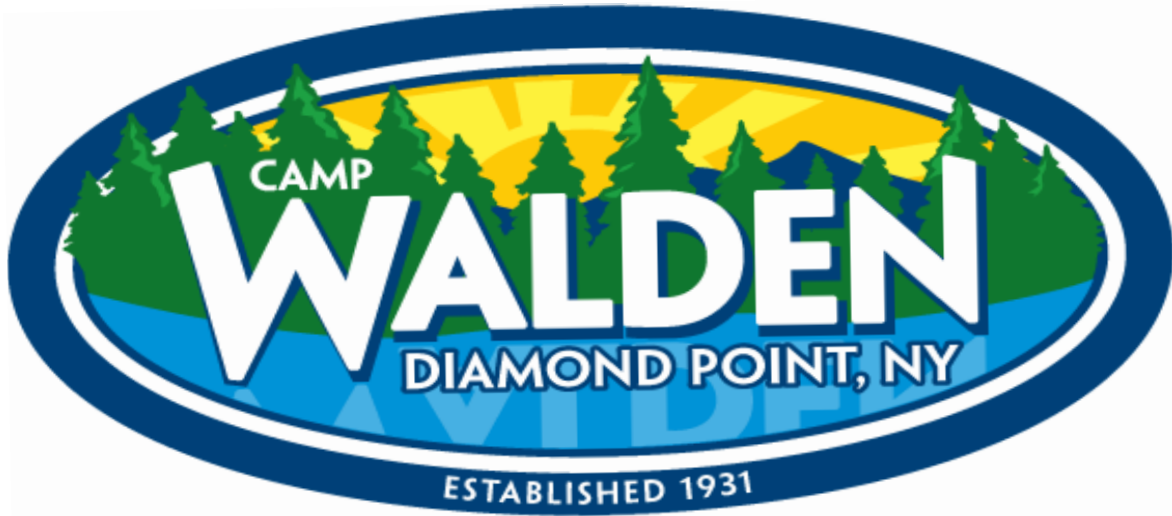


Parent / Camper Handbook



A Summer of Fun. A Lifetime of Memories!



2019 Dates of Camp

Full Summer Session: Wednesday June 26, 2019 - Wednesday August 14, 2019

1st Session: Wednesday June 26, 2019 - Saturday July 20, 2019

Visiting Day: Saturday July 20, 2019 - 10:00 AM prompt - 3:30 PM (No Pets Please)

2nd Session: Sunday July 21, 2019 (Arrival 2:00-3:00 PM) - Wednesday August 14, 2019

Two-Week Session: Sunday July 21, 2019 - Sunday August 4, 2019

(Arrival 2:00-3:00 PM and Departure 9:00-10:00 AM)

Summer Address:

Camp Walden
429 Trout Lake Rd.
Diamond Point, NY 12824
Phone: (518) 644-9441 (8:00 AM - 7:30 PM)
Fax: (518) 644-2929
fun@campwalden-ny.com

Winter Address:

Camp Walden
36 Feather Lane
Old Tappan, NJ 07675
Phone: (201) 750-6767
Fax: (201) 750-2226
fun@campwalden-ny.com

*After hours, please leave a message and we will
return your call the next morning

NOTE: The Camp Walden Summer Office will be fully operational after June 12, 2019. Any questions concerning travel plans, policies, procedures, forms or any other matter, after June 12th should be addressed to our summer office (518) 644-9441

Evening Emergency Number:
Mark Bernstein (cell) - 201-638-8789

Dear Camp Walden Families,

We are often asked what makes Walden different from other camps. What does Walden have that others don't? Better sports? Better facilities? Better evening programs? You might be surprised when we say that those things aren't what defines Walden. What makes Walden special is simple... it's you.

Because of you, we are able to create the most meaningful and positive experiences possible for your child. Because of you, we are committed to creating a safe and supportive community. Because of you, we are able to share the magic that is Walden each and every summer. Because of you, we feel so fortunate to have gained a second home and a second family. Because of you, we are Walden.

What we love and value most about Walden is the community that we have created - a community that is respectful and considerate of one another.

As we look forward to summer, we hope that this handbook will help you prepare for camp, answer any questions you might have, and simplify the preparation process. In order to create a purposeful community, we appreciate your full cooperation in following the rules and policies outlined in this handbook. If you or your child have any questions, suggestions, feedback or concerns prior to or during the camp season, please do not hesitate to contact us.

We are so looking forward to a safe, happy and incredible summer for all -

**Warmest Regards,
Lauren, Mark & Robyn**

**Robyn Spector
Director**



**Lauren & Mark Bernstein
Owners/ Directors**



Checklist of Important Dates 2019

- ASAP** Do you have hotel reservations for Visiting Day?
- Feb. 15** Canadian families: Does your child have a valid passport and notarized letter?
- March 1** Have you made your child's doctor's appointment?
- April 15** **US & MONTREAL FAMILIES:** Have you coordinated your baggage transportation with Camp Trucking?
- May 1** Have you submitted all of your Walden forms?
- May 1** Have you ordered your required Walden clothing at www.everythingcamper.com?
- May 1** **US FAMILIES:** Have you registered with CampMeds for all your child's medication needs?
- June 1** Have you registered for one-way camper emails, photos & phone calls on your CampMinder account?
- June 26** The buses are leaving - Walden 2018 begins!
- July 20** Visiting Day - 10 AM (PROMPT) - 3:30 PM
- July 20** First Session ends
- July 21** Second & 2-Week Sessions begin
- Aug. 4** 2-Week Session ends
(Please pick up 9 - 10 AM)
- Aug. 14** Last day of camp

For Drop Off & Pick Up times and locations, please see "Getting My Camper to Camp"

It's Your Child's First Year at Camp - Now What???

Tips and Tricks to Ease your Child's Transition to Camp

We firmly believe that the gift of camp is one of the most wonderful gifts that a child can receive. It is important to remind yourself that this is something that you are doing for your child, and not to your child. If you feel that your child is having extreme anxiety about going away, or if your child has any concerns we should know about, please get in touch with us so that we may discuss ways in which we may accommodate these needs and assist in the transition.

Homesick but Happy...

Camp Walden is an overwhelmingly positive experience for our campers; yet, it is natural that the first time away from home can sometimes result in fleeting feelings of homesickness. Our staff is there to support and love your camper throughout this important developmental step towards independence. Some letters sent home may reflect the natural adjustment and re-adjustment for campers. Usually, by the time you receive the letter, your child's homesickness has long passed and they are happily enjoying camp! Regardless of how your child is adjusting, we will contact every new family within 72 hours of their camper's arrival. We will communicate with all parents as often as necessary according to each individual's needs. Also, if we notice any concerning adjustment issues at any time throughout the summer, we will let you know right away. If you are concerned, please don't hesitate to contact us.

How to Make Your Child Successful at Camp!

Remind your child of how much you believe in them and that you know that they can do this.

Let your child know that although coming home early is not an option, and that he/she must complete what they set out to achieve, if they decide they don't want to return the following year, that is fine.

Remind them how great you feel about the camp yourself and how you know this is a safe and incredibly nurturing place that takes great care of children.

Don't Make A "Pickup Deal"

Promising "If you feel homesick, I'll come and get you" undermines children's confidence and dramatically intensifies homesickness. Instead, normalize their anxiety and talk positively about camp.

If your child believes that coming home early is an option, they will constantly be revisiting if they should stay or go. This can be too much pressure for a young child. It often inhibits them from getting fully involved and committing 100% to making friends, and becoming comfortable away from home.

Let your child know how much you love them and that you really will miss them too. Then let them know that you will also be having a fun time while they are away. Very often, children feel worried about their parents while they are gone. They need to know from you that you are not only going to be alright but that you going to be great. You will be doing some fun things that adults like to do but children would not enjoy.

I Love Camp

**We are here to support you through every step of this process.
Please don't hesitate to reach out to us now or at any time during the summer**

Scratches, Medication and Bug Bites - Oh My!!!

Everything You Need to Know about the Health Center

At Camp Walden, we take every precaution to ensure the health of our campers. Our staff includes NY State licensed RNs who are on call 24 hours a day and a licensed pediatrician who is on site and available. Our nurses will treat campers according to standard protocol procedures under the direction of licensed physicians. In addition, Camp Walden continues to have an alliance with the medical staff at Warrensburg Health Center and Glens Falls Hospital. In the unlikely event there should be a medical emergency, parents will be notified as quickly as possible. Parents will also be notified if a camper needs to be brought to a local doctor or dentist, or needs to stay overnight in our health center. If you have any questions for our nurses, you can reach our Health Center directly at 518-644- 9827.

Camper Forms

The more we know about your child's medical, social and emotional history, the better care we can provide. Please indicate any information about your child's personality or personal needs that would be helpful. Having prior knowledge about your child's medical needs, psychological development (including any counseling), learning difficulties, bedwetting problems, attention issues, anxiety about new situations, recent losses, or major changes in the family/child's life will help us better care for your child. Any and all information pertaining to your child is enormously helpful as we work to maximize your child's experience at Camp Walden. If we are aware of certain needs or problems in advance, we can train our staff to help your child. Be assured that this information is kept confidential.

TO FURTHER HELP US, WE ASK YOU TO ADHERE TO THE FOLLOWING GUIDELINES:

1. We strongly recommend that you thoroughly check your child's head for lice and/or eggs. If you find lice and/or eggs, please notify camp. In addition, you must wash or boil all items such as hats, stuffed animals, and hairbrushes. If your child arrives at camp with lice, you will be responsible for the \$200 fee charged by the private company we employ to treat your child. We cannot stress enough the importance of checking your child for lice before they arrive at camp. While lice is not uncommon at camp and we do our best to normalize the situation, any child that needs to be treated for lice will be removed from regular programming for 24-48 hours.
2. Dental and orthodontic work must be completed before camp. Please send special instructions from your orthodontist should adjustment or treatment be necessary.
3. If your child wears eyeglasses, please send a second pair along with a copy of their prescription. Children who wear contact lenses should bring adequate cleaning fluid and additional lenses.
4. Walden offers an extensive and varied food menu. However, should your child require a special diet (vegetarian, etc.) and/or have a food allergy, please contact our office to let us know.
5. Advise the camp if your child has had any contact with contagious diseases or if they have traveled outside of North America after June 1st.

How Do I Send my Child's Medicine to Camp???

If your child needs regular medication (prescription, over the counter, homeopathic and/or supplements), please see the following instructions. No camper is permitted to keep ANY medication in their bunk.

1. **US CAMPERS:** Camp Walden is once again partnering with CampMeds licensed pharmacy to supply and package all medications for US Campers. CampMeds will ship these medications to camp before your camper arrives so the Health Center staff can appropriately prepare to dispense medications. Please register directly with CampMeds at campmeds.com. The deadline to register is May 26th for First Session/Full Summer campers; the deadline to register for Second Session/2-Week campers is June 21st. There will be a \$25 late charge fee for all registrations after the deadline. Please see the CampMeds letter in the "Forms & Documents" section of Camp-Minder for further instructions.
2. **MONTREAL CAMPERS:** All medications for Montreal Campers must be placed in a brown manila envelope with your camper's name and birth date on the front, and placed in your camper's baggage. All medications must be in their original container with a doctor's script and must be listed on the Permission to Medicate form. Please email the office at waldenoffice@campwalden-ny.com in advance of baggage departure with the medication name and amount sent for each camper.
3. **INTERNATIONAL CAMPERS:** For those International Campers traveling by air and bringing medication, please alert us in advance and make sure your child is instructed to give his/her medication to his/her counselor or to one of the medical staff upon arrival at camp. Please indicate in writing the exact amount you are sending. Camp Walden will not assume responsibility for discrepancies in the amount of medication sent. All medications must be in their original container with a doctor's script and must be listed on the Permission to Medicate form.

The New York State Department of Health annually inspects all health records, grounds and facilities of Camp Walden. These reports are on file at the Department of Health Regional Office, 77 Mohican Street, Glens Falls, NY 12801

How Do I Contact My Child at Camp?

Ways to Stay in Touch with Your Child During the Summer

If you have any questions, please call our office at (518) 644-9441. Our summer office is open from 8:00 AM to 7:30 PM to receive your calls. Since we are frequently out of the office working with our campers, please leave a message and we will make sure to return your call later that day or the following day. Many of our returned phone calls are made in the late evening, so we apologize in advance in case we disturb you.

Mailing Your Camper

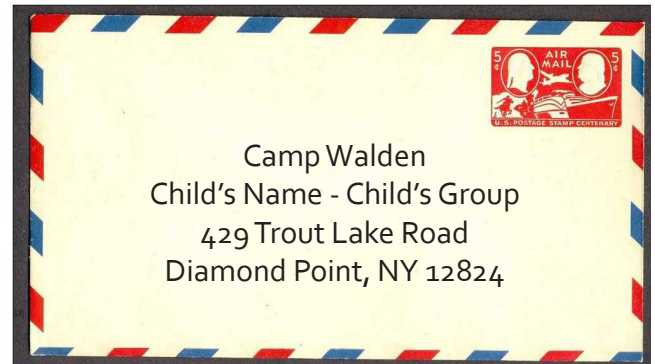
Postage

Please be sure to provide your child with an ample supply of stamps, stationery, envelopes and pens. Canadian and international families must obtain US postage to send mail; this postage is available for international families through the "Additional Options" Form. We will charge your credit card for the postage you select.

For younger campers, it may be helpful for parents to pre-stamp and pre-address envelopes, especially to grandparents, aunts, uncles, etc. Families with younger campers might also wish to invest in "camp" stationery and postcards, available in many card and novelty shops.

Sending Letters to Your Child

All mail to Camp Walden should be addressed as shown below:



Emailing Your Camper

One-Way Email is a service provided by CampMinder at a small annual fee - log in to My CampMinder and scroll down to One-Way Email. By signing up for email, you are allowed an unlimited number of guest accounts for your relatives and/or friends to send emails to your camper. Campers will not be able to send emails to you, but you will be able to send emails directly to your camper. Please do not send faxes or emails to campers using the camp email address or fax number. Emails directed to campers should only be sent via My CampMinder.

Photos of Your Camper

To view photos of your camper, just log in to My CampMinder and scroll down to Photos. Viewing camp photos is free. There is also an option for you to create guest accounts for your relatives to be able to see pictures of your child.

A Picture is NOT Worth 1,000 Words!

We do our best to take photos of each group and all major activities daily. However, please keep in mind that these photos are not necessarily indicative of your child's adjustment to camp. If you are concerned about your child, please don't hesitate to give us a call. We are always more than happy to speak with you about any concerns you may have.

Phone Calls With Your Camper

We do not allow camper/parent phone calls during the first seven days of camp. Please understand that this is for your child's benefit. This is a period of adjustment for your child and speaking to them too soon may disrupt that process. A camp staff member will contact the parents of each new camper within 72 hours of their arrival. Should you feel anxious about how your child is adjusting, please call or email us.

Please be aware that the phone call schedule fills up quickly, so you may want to schedule your appointments well in advance. If you have more than one child at camp, please note that because of each child's schedule, it may not be possible for your children's calls to occur immediately one after the other. Please do not book more than one child in a time slot - this causes our system to back up. Please be available 15 minutes before and after your scheduled slot in case the calls are running early/late. We work to ensure that every camper has a 10 minute call. If your child has a birthday while they are at camp and you would like to schedule an additional call, please let us know and we will arrange it.

To Schedule Phone Calls:

Log in to CampMinder, and scroll down to "Phone Reservation System" to book your calls.

Our Phone Reservation System will open on June 1st.

Phone calls to campers are limited to two per session.

Time to Unplug...

Camp Walden's Electronics Policy



Camp is a time for our campers to “unplug”. It is a gift for our children to have this time without access to phones, internet, and gaming devices. However, the only way that we can really make this happen is to have parents partner with us to ensure that each child leaves their technology at home.

The only electronics campers can bring to camp are basic MP3 players that only play music. Only specific kinds of iPods are allowed at camp: iPod Shuffle, iPod Nano, iPod Classic, or any inexpensive MP3 player that does not have video/internet capabilities or games. We are hoping to be able to keep the iPods/MP3 players in camp because we love music being a part of our campers' and staff's summer experience. It is essential that we work together with families to have the music while leaving the other technology at home.

If a camper is found in possession of an electronic device that is not allowed at camp (and has not been turned in upon arrival), that camper will have to go home for three (3) nights. Parents will have to make arrangements to pick up and return their camper to camp. This rule will be enforced for ALL campers and there will be no exceptions. Please note that all devices that are collected upon arrival will be returned to the camper on the date of departure. We will not be mailing those devices home earlier.

As we know, most of you strongly agree - technology really can change the positive nature of the camp experience. We want to preserve the focus being on campers and staff interacting together. If a child needs to reach a parent or anyone else, our administrative team will assist them in that process. If your child is flying to camp and you wish for them to have a cell phone while traveling, you must indicate so on the Camper/Parent Contract. When your child arrives at camp, we will place the cell phone in safekeeping and return it to him/her when they leave camp.



We say YES to the following:

- MP3 Player (music only)
- iPod devices that do not have Wi-Fi/Internet connection (music only)

* All other applications must be deleted prior to camp.
(No movies and/or television shows on any device)

We say NO to the following:

- Cell phone
- Laptop
- E-Reader/Tablet/iPad
- iPod Touch/Gaming Devices
- Selfie Sticks
- GoPro/ Wearable Video Camera
- Apple Watches/Fitbits



Other Electrical Policies

For safety reasons, we do not allow multi-plug power strips, extension cords or hair straighteners/ curling devices in camp. If a camper is found in possession of an electrical device that is not allowed at camp, it will be taken away and stored in the office until their date of departure. We will not be mailing those devices home earlier.

Inappropriate Use of the Internet During the School Year

A camper that singles out another person or group in a negative way, either verbally or in writing (via email, instant messaging or online social networking sites) will not be allowed to attend camp. It is against camp policy for campers and staff to speak or write disparaging comments about Camp Walden, campers, staff, directors, programs or policies, either in paper or electronically, especially on any social networking sites, including ones that are password protected. As we all know, the internet is much more public than people often realize. We encourage you to monitor your child's social networking sites and help identify and remove inappropriate pictures, language and/or any hurtful comments. Furthermore, out of respect for the privacy of all members in our camp community, campers and staff may not take videos at camp.

Walden-pedia

Your Go-To Guide for Camp Walden's Policies

Nut/ Peanut Policy

Camp Walden is a tree nut/peanut free camp. Due to how prevalent and life threatening nut allergies have become, we are insisting that campers refrain from bringing any products that may contain traces of tree nuts/peanuts or tree nut/peanut oil in them to camp. Please read your labels carefully before packing snacks for the bus. If the label says "may be manufactured in a facility (or on equipment) where nuts/peanuts are processed" - please do not send that item with your child. Home baked goods or bakery items are not permitted as there is no guarantee that they are nut free. Any products that are in question will be removed from the site by a staff member.

Bunk Parties and Food Policy

We do have bunk parties the first 3 nights of camp and 3 nights after visiting day. During that time, we allow campers to share nut/peanut free snacks that they bring to camp. After 3 nights, all leftover items will be pooled together and donated to a local food pantry. Other than those days, no food or candy will be permitted in the bunk and not outside food will be allowed to be consumed in the Dining Hall.

PLEASE NOTE: We do not allow campers to exchange food for money. If a camper is found to be selling food, that camper will have to go home for 3 nights. Parents will have to make arrangements to pick up and return their camper to camp. This rule will be enforced for ALL campers and there will be no exceptions.

Bunk Gifts

Please do not send a wrapped present in your child's luggage. This will allow campers to immerse themselves more easily in to camp life, rather than focusing on home. We will not put wrapped presents on children's beds for their arrival.

Package Policy



Camp Walden has a NO PACKAGE policy. If your child has forgotten something, please call us. If we can easily replace it locally, it will be much faster than shipping a package. If it is a specific item that cannot be purchased locally, call us so we can approve the receipt of the item. All approved packages will be opened and inspected. Do not send any food because your camper will not be able to receive it. **Flat envelopes with magazines and reading material will be considered as packages, and will not be permitted.** Please let relatives know as well so that they are not disappointed to hear that the camper did not receive the package. We do make an exception for birthday presents, as long as they do not include food. Please understand that this is in the best interest of all of our campers.

Money at Camp and Additional Money for Trips

Each session Camp Walden plans off-camp trips to such places as Great Escape/Splashwater Kingdom. We purchase all entry tickets needed as well as give each camper \$20 per trip for food, snacks, drinks, etc. throughout the day. If you would like your camper to receive an additional \$20 spending money for these trips, please select the recommended trip money when you fill out your Additional Options Form. Most parents do select the extra trip money for their camper. Please do not send any extra cash with your camper. Teens/CITs who take overnight trips may bring extra money but please store it in the office for safekeeping. We are not responsible for any money kept in the bunks.

Inappropriate Behavior

We reserve the right to immediately send home any camper who engages in fighting, taunting, bullying or who is emotionally, verbally or physically threatening to another camper or staff member. Any camper found in possession of alcohol, tobacco products, vaping products, weapons and/or any illegal drugs including prescription and over the counter medications not turned over to the health center upon arrival to camp, will immediately be sent home. In these above situations, the camper will be isolated from their group until parents pick up their child. There will be no warnings, second chances, or refunds of any kind.

Gratuities and Gifts

Counselors are not to be tipped or given gifts under any circumstances. There is much that is undesirable about the practice of tipping. Our policy states that no member of our staff is permitted to accept tips. Please help us adhere to this policy.

Canteen

Canteen is available a few times each week for our campers to have a special snack and drink. There is no additional canteen fee.

Please do NOT send the following items (even for bunk parties):
*Drinks/Drink powders (ie. Gatorade, Soda, Protein Drinks, Hot Chocolate, etc.)
*Ramen Noodles, Cup of Soups, Easy Mac, etc.
*Baked Goods

Our CIT & LIT Program

What to Expect/Information about our Camper Leadership Program

Our Camper Leadership Program is a combined two year training experience that consists of our Counselor-In-Training (CIT) and Leaders in Training (LIT) Programs. During the first year the CIT campers (coming out of 10th grade) will pay full tuition and will live with their peers and have leadership opportunities to oversee and run exciting special events and evening programs. They also will get the chance to assist a few hours each day with our younger campers. They will be supervised by counselors who are older staff/mentors.

After participating in the CIT Program, teens finishing 11th grade will have the opportunity to apply for a spot as an LIT. This second year will be the last year as campers. LITs who are selected will no longer have to pay tuition for camp. They will have the chance to live with younger campers and assist in taking care of their needs. As LITs they will be responsible for the well-being of our children and will have the responsibility of taking care of them during the day and in the evening. A camper is not eligible to apply to be a Leader in Training unless they had the experience of being a Counselor in Training the year prior. By expanding the leadership training during the LIT summer, we feel we are able to facilitate a better program for these young men and women and better trained supervision for our younger campers.

Traveling While Your Kids Are At Camp?

Information about how to Maintain Contact with Camp

If you will be traveling while your child is at camp, please email us the dates when you will be away along with the various phone numbers where you can be reached so that we know how to proceed if we must contact you at any time. In addition, please provide us with the names and numbers of your emergency contacts, in case we need to contact them while you are away.

Packing, Packing, Packing

What to Pack? And How to Pack it?

The enclosed packing list should serve as a guide, but feel free to use discretion based on your understanding of your own child. Laundry is done each week and returned the next day, so you do not need to overload your child with unnecessary items.

1. We recommend the use of two large duffel bags/soft trunks to get all of your child's belongings to camp. Campers that arrive with more than two bags will need to leave extra items in storage as there is not enough cubby space for excess items.
2. Parents are advised to have baggage and personal belongings insured against fire, loss or theft. Check to see if it is covered under your homeowner's insurance. Valuable jewelry, expensive watches, etc. should not be sent to camp. We cannot be responsible for any damage or loss for such items.
3. Please clearly label all items and personal belongings with sewn-in labels or indelible markers.
4. Laundry service is provided free of charge. We utilize an off-site laundry facility that enables us to collect, wash and return laundry within a 24 hour period. Please do not send articles of clothing to camp that require dry cleaning and be sure that all items are color fast. Please be sure to wash all new clothing before packing. Also, we encourage you to leave all clothes that need ironing or are costly at home. We are not responsible for lost, shrunken, damaged or stained laundry.
5. We are partnering with the camp supplier, Everything Camper, for required and suggested Walden Logo'd items. You can access their site at www.everythingcamper.com. Please note:
 - Order by May 1st to ensure stock and adequate time for delivery
 - Deliveries may arrive in separate shipments due to the use of different clothing vendors
 - Canadian Families: It is strongly encouraged that you ship items directly to camp and we will label items for you in the office



What Do I Need To Bring To Camp?

Camp Walden's Packing List

walden
2019 PACKING LIST

PLEASE CLEARLY LABEL ALL ITEMS

REQUIRED LOGO'D ITEMS

- 1 Navy or Grey Sweatshirt (Any Style) Logo'd
- 1 Navy Tee (Traditional Only) Logo'd
- 1 Grey Tee/Tank (Any Style) Logo'd
- 1 Reversible Mesh Tank (Unisex) or Cheer Pinnie (Girls) Logo'd

SUGGESTED LOGO'D ITEMS

- 1 Navy or Grey Shorts (Any Style) Logo'd
- 1 Navy or Grey Sweatpants (Any Style) Logo'd
- 1 Baseball Cap Logo'd
- 1 Hockey Jersey (if playing Roller Hockey) Logo'd

NECESSARY ADDITIONAL CLOTHING

- 20 T-Shirts
- 4 Long Sleeve Tees
- 3 Pairs of Jeans/Long Pants
- 3 Sweatpants (any style)
- 14 pairs of Athletic Shorts
- 1 Dressy Outfit (Second Session/Full Summer only) - Casual dress/skirt for girls, jeans/pants & golf/button shirt for boys
- 4 Sweatshirts

UNDERGEAR

- 20 Pairs of Underwear
- 20 Pairs of Athletic Socks
- 7 Pairs of Comfortable Sleep Wear (2 Heavy, 5 Light)

BED AND BATH

- 2 Blankets or 1 Comforter and 1 Blanket
- 1 Bathrobe (Optional)
- 1 Flip Flops/ Pair of Shower Sandals (Required)
- 1 Toiletry Kit/ Shower Organizer
 - Covered Soap Dish, Toothbrush Holder, Cup, Toothbrushes, Hair Brush, Soap, Shampoo, Conditioner, Body Lotion
- 1 Shower Caddy (Required)
- 1 Laundry Bag with Name
- 3-4 Large Mesh Sock Bags to Store Socks/Underwear
- 2 Sheet Sets (2 flat - 2 fitted - Twin or Cot size)
- 2 Rubberized Sheets (if necessary)
- 1 Pillow
- 2 Pillowcases
- 10 Towels - bath/beach
- 2 Washcloths

WATERFRONT

- 9 Swimsuits (Girls - one piece or tankini only; No cut-outs)
- 2 Water Shoes (Crocs/ Flip Flops)
- 2 Bottles of Sun Screen (Required)
- 1 Lip Balm (Required)
- Goggles (Optional)

CAMPING GEAR (REQUIRED)

- 1 Sleeping Bag (Required)
- 1 Flashlight & Extra Batteries (Required)
- 1 Water Bottle (Required)
- 1 Daypack/ Backpack (Required)
- 1 Insect Repellant (Required)

OUTERWEAR (REQUIRED)

- 1 Lightweight Jacket/ Polarfleece (Required)
- 1 Rain Jacket or Poncho (Required)
- 1 Baseball Cap (Required)

FOOTWEAR

- 2 Pairs of Athletic Sneakers
- 1 Pair of Rainy Day Waterproof Shoes/ Rainboots
- 1 Pair of Hiking Boots (Optional)

ATHLETICS

Camp provides athletic equipment necessary for campers to participate in activities. Unless noted "Required", all items are optional. All personal items must be clearly marked with camper's name.

BASEBALL/ SOFTBALL

- 1 Baseball Glove/ Softball Glove (Required)

SOCCER

- 1 Pair of Soccer Cleats (Optional)
- 1 Pair of Soccer Socks (Optional)
- 1 Pair of Shin Guards (Optional)

TENNIS

- 1 Tennis Racquet (Required)

ROLLER HOCKEY - *This program is an option only program. Items below only required if camper wants to participate in Roller Hockey at Walden.*

- 1 Pair of Roller Blades
- 1 Helmet with Face Shield
- 1 Set of Shin Pads
- 1 Set of Elbow Pads
- 1 Pair of Hockey Gloves
- 1 Sports Bag with Name (to hold equipment)
- 1 Hockey Stick (Optional)
- 1 Walden Hockey Jersey (Optional)

LACROSSE

- 1 Lacrosse Stick (Optional)

PACK & SHIP

- 2 Soft Trunks with Name

STATIONERY & OPTIONAL EXTRAS

- Sets of Stationery & Stamps
- 2 One-Time Use or Inexpensive Camera(s)
- Cards, Books, Magazines, Non-Electronic Games
- Pictures, Posters, Stuffed Animals, String for Bracelet Making
- Battery-Operated Fan
- Hair Dryer (Optional) - **NO Flat or Curling Irons/Wands**
- Waterproof Digital Watch
- 1 set of extra Eyeglasses
- Lock Box
- Crazy Creek Chair
- Overnight Bag (Teens & CITs Only)
- Musical Instrument (Optional)
- Color T-Shirts for Special Events Days
 - First Session/ Full Summer: Red, Yellow, Green & Purple
 - Second Session/Full Summer: Blue & Grey
- Fun Hats & Silly Socks
- Girls: Tutus, Patterned/Colorful Leggings, Nail Polish
- Full Summer/Second Session Campers: Halloween Costume - Please make sure costume is camp appropriate. Any costume for more than one person must include the entire bunk
- Bedding items: Foam Mattress Pad/Egg Crate, Area Rug

*Please remember there is a strict **NO PACKAGE** policy, including all reading materials. Please send reading materials with your child to camp as we will not be accepting them in packages.*

Please DO NOT send PHONES or MUSIC LISTENING DEVICES that have VIDEO OR INTERNET CAPABILITIES including iPod Touch, E-Readers/Tablets/iPads, Go-Pros, Laptops & Gaming Devices.

Getting My Camper's Baggage To Camp

Information about Baggage Transportation

All bags are sent to camp prior to the campers' arrival. The additional time between the bags arriving at camp and your campers' arrival is spent setting up the bunk and unpacking each camper. We feel that this creates a warm, inviting feeling and eases some anxiety about the first day of camp. ****NOTE: Your decision for Baggage Transportation is independent from your Camper Transportation decision.**

When sending your camper's bags to camp, you can utilize one of the following options -

1) Centralized Baggage (Cherry Hill NJ, Paramus NJ, Montreal QC, White Plains NY): Camp Walden is partnering with the Camp Trucking Company for our Centralized Baggage Pick Up and Drop Off. The cost of this service is \$76 for one-way or \$152 for round trip. The deadline to register for Centralized service is **May 24, 2019**. All registrations made after the deadline will be charged a \$30 late fee. For more information, or to register and pay for Centralized Baggage service, please visit Camp Trucking's website at www.camptrucking.com or contact Camp Trucking via phone at 970-949-0690. ****See chart below for dates and times.**

2) Door to Door Baggage: The Camp Trucking Company is also available for Baggage Pick Up and Drop Off at your home for all US and Montreal campers. The deadline to register for Door to Door service is **May 10, 2019**. All registrations made after the deadline will be charged a \$30 late fee. To register and to pay for Door to Door Baggage service, please visit Camp Trucking's website at www.camptrucking.com or contact Camp Trucking via phone at 970-949-0690.

4) On Flight with Camper (International Campers ONLY): Your camper's bags may arrive/depart on the flight with your camper.

Centralized Baggage Schedule

White Plains, New York: NY & CT Campers ONLY

Bloomingdale's, 175 Bloomingdale Rd, White Plains, NY 10605

(See Individual Maps per Date)

1st & Full Session - Baggage Drop Off	Saturday, June 15th	<i>Drop Off between 11:30 AM - 12:30 PM</i>
2-Week & 2nd Session - Baggage Drop Off	Saturday, July 13th	<i>Drop Off between 12:00 PM - 12:45 PM</i>
2nd & Full Session - Baggage Pick Up	Wednesday, August 14th	<i>Arrives slightly prior to camp bus</i>

Paramus, NJ : NJ & PA Campers ONLY

Garden State Plaza Mall, 1 Garden State Plaza, Paramus, NJ- Intersection of Rt. 4 & Rt. 17

(Extended Parking Lot near Post 7G - west of Neiman Marcus on the back side of the mall)

1st & Full Session - Baggage Drop Off	Saturday, June 15th	<i>Drop Off between 2:00 PM - 3:00 PM</i>
2-Week & 2nd Session - Baggage Drop Off	Saturday, July 13th	<i>Drop Off between 2:45 PM - 3:15 PM</i>
1st Session - Baggage Pick Up	Saturday, July 20th	<i>Arrives slightly prior to camp bus</i>
2nd & Full Session - Baggage Pick Up	Wednesday, August 14th	<i>Arrives slightly prior to camp bus</i>

Montreal, Quebec

Wagar Adult Education Centre (West Lot), 5785 Parkhaven Avenue, Côte St-Luc, QC

(Please see Canadian Forms for more info)

1st & Full Session - Baggage Drop Off	Saturday, June 15th	<i>Drop Off between 11:00 AM - 12:00 PM</i>
1st Session - Baggage Pick Up	Friday, July 19th	<i>Contact Camp Trucking for details</i>
2-Week & 2nd Session - Baggage Drop Off	Friday, July 19th	<i>Contact Camp Trucking for details</i>
2nd & Full Session - Baggage Pick Up	Wednesday, August 14th	<i>Arrives slightly prior to camp bus</i>

Cherry Hill, New Jersey

Camden County College, William G. Rohrer Center (Not Main Campus),

1889 Rt. 70 E, Cherry Hill, NJ 08003

(Back end of Large Parking Lot closest to Rt. 70/ Marlton Pike E.)

1st & Full Session - Baggage Drop Off	Saturday, June 15th	<i>Drop Off between 9:00 AM - 10:00 AM</i>
2nd & Full Session - Baggage Pick Up	Wednesday, August 14th	<i>Arrives slightly prior to camp bus</i>

Getting My Camper To Camp

Information about Camper Transportation

Traveling by Bus

Many of our campers come to camp on the bus. We feel that it is an exciting way for children to begin their camp experience. Our luxury coach buses are chaperoned by staff members so that your child's camp experience begins the second they step on the bus. Campers are seated with children their own age so that they begin to form relationships while playing games and singing camp songs all the way to camp.

IMPORTANT PROCEDURES

An email confirming how your child is arriving and departing from camp will be sent to you just prior to the start and end of each session. **Please note that we will NOT be able to delay the bus departure time if you are running late.** In the event that you miss the bus or have other last minute travel changes, please contact camp at 518-644-9441.



Please pack a nut/peanut free snack for all campers on buses or chaperoned flights.

Bus Departure/Arrival Schedule

White Plains, New York: NY & CT Campers ONLY

Bloomington's, 175 Bloomington Rd, White Plains, NY 10605

(See Individual Maps per Date)

1st & Full Session - Camper Drop Off	Wednesday, June 26th	Assembly at 12:30 PM
Two Week & 2nd Session - Camper Drop Off	Sunday, July 21st	Assembly at 12:30 PM
2nd & Full Session - Camper Pick Up	Wednesday, August 14th	Arrives between 12:00 PM - 1:00 PM

Paramus, NJ : NJ & PA Campers ONLY

Garden State Plaza Mall, 1 Garden State Plaza, Paramus, NJ- Intersection of Rt. 4 & Rt. 17
(Extended Parking Lot near Post 7G - west of Neiman Marcus on the back side of the mall)

1st & Full Session - Camper Drop Off	Wednesday, June 26th	Assembly at 12:30 PM
1st Session - Camper Pick Up	Saturday, July 20th	Arrives between 11:00 AM - 12:00 PM
Two Week & 2nd Session - Camper Drop Off	Sunday, July 21st	Assembly at 12:30 PM
2nd & Full Session - Camper Pick Up	Wednesday, August 14th	Arrives between 12:00 PM - 1:00 PM

Montreal, Quebec

Wagar Adult Education Centre (West Lot), 5785 Parkhaven Avenue, Côte St-Luc, QC
(Please see Canadian Forms for more info)

1st & Full Session - Camper Drop Off	Wednesday, June 26th	Assembly at 1:00 PM
1st Session - Camper Pick Up	Saturday, July 20th	Arrives between 11:00 AM - 12:00 PM
Two Week & 2nd Session - Camper Drop Off	Sunday, July 21st	Assembly at 1:00 PM
2nd & Full Session - Camper Pick Up	Wednesday, August 14th	Arrives between 12:00 PM - 1:00 PM

Cherry Hill, New Jersey

Camden County College, William G. Rohrer Center (Not Main Campus),
1889 Rt. 70 E, Cherry Hill, NJ 08003

(Back end of Large Parking Lot closest to Rt. 70/ Marlton Pike E.)

1st & Full Session - Camper Drop Off	Wednesday, June 26th	Assembly at 10:00 AM
2nd & Full Session - Camper Pick Up	Wednesday, August 14th	Arrives between 12:30 PM - 1:30 PM

Getting My Camper To Camp

Information about Camper Transportation

Traveling by Airplane



Please pack a nut/peanut free snack for all campers on buses or chaperoned flights.

Camp Walden offers chaperoned flights to and from Baltimore, MD and Ft. Lauderdale, FL. Because the details of the flights (including ticket purchasing instructions) are different for each flight, we will be contacting each family via email with the information and instructions regarding their specific flight.

PLEASE NOTE:

An email confirming how your child is arriving and departing from camp will be sent to you just prior to the start and end of each session.

Important Departure Policies for Traveling on a Chaperoned Flight: Campers flying on the chaperoned flights from Maryland and Florida should meet the Walden chaperones at the airline check-in desk 3 hours prior to departure time. Due to increased security, and in fairness to all families, our chaperones will meet parents at the check-in desk ONLY. Parents will NOT be able to go through security and accompany their campers to the gate. Please send your child with money (we recommend \$20) for snacks.



****NOTE:** Parents must email or fax boarding passes (518-644-2929) to camp in the 24 hours prior to July or August departures.

Parent Drop Off & Pick Up

Parents that are dropping off and/or picking up their camper(s) are asked to report to the front office upon arrival at Camp Walden. A staff member from your child's group will be called to the front office to assist you with the drop off and/or pick up procedure.

DROP OFF: Camper Drop Off at camp at the beginning of both 1st and 2nd Sessions is between 2:00 PM - 3:00 PM.

PICK UP: At the end of 1st Session, parents are invited to stay for Visiting Day which runs from 10:00 AM - 3:30 PM. Campers that are picked up at camp at the end of the 2 Week Session, should be picked up between 9:00 AM - 10:00 AM. Campers that are picked up at camp at the end of 2nd Session, should be picked up between 9:30 AM - 10:30 AM.

PLEASE NOTE:

An email confirming how your child is arriving and departing from camp will be sent to you just prior to the start and end of each session.

Directions to Camp

FROM WESTERN NY & THE NYC METRO AREA to Camp Walden

Take New York State Thruway to Albany- Route 87, The Northway (Exit 24). Take Route 87 North to Lake George/Diamond Point (exit 22). Take the exit ramp (bear left at fork) to first light and make a left onto 9N North. Take this until the Juliana Motel. Take your first left after the motel onto Coolidge Hill Road. Stay on Coolidge Hill Road until the end then turn left toward Trout Lake. Follow the road around the lake until you reach camp (about 1 mile.)

FROM MONTREAL to Camp Walden

Take Route 87 South from the border. Get off at Bolton Landing (Exit 24) and go to Bolton Landing, then South (right) on Route 9N. Immediately past Bolton, turn right at the Rondack Motel onto Mohican Road. At the stop sign, bear right onto Trout Lake Rd until you reach camp (about 1 mile.)

Visiting Day!

Saturday July 20, 2019 10:00 AM (prompt) - 3:30 PM

On this day, parents should arrive PROMPTLY at 10:00 AM and may remain all day until 3:30 PM. Your child may be upset if you are not on time. Siblings are most welcome; PETS are NOT!

Lunch will be served during the day. We are planning a fun calendar of events, including sports, drama, arts and crafts, dance and gymnastics exhibits. The tennis courts, water skiing and ropes course will be open on a sign up basis. Parents and relatives are not allowed to visit campers on any other day. For safety reasons, if neither parent will be able to attend, we will only allow another relative to visit if we have received written permission from the parents.

Where Should I Stay? Information about Hotels Near Camp

Lake George Village - 10 Miles from Walden

Courtyard by Marriott	(518) 761-1150	www.marriott.com
Wingate by Windham	(518) 668-4884	www.wingatelakegeorge.com
Holiday Inn	(518) 668-5781	www.lakegeorgeturf.com
Comfort Suites	(518) 761-0001	www.comfortsuites.com
Hampton Inn & Suites	(518) 668-4100	www.lakegeorgehamptoninn.com
Great Escape Lodge	(518) 824-6060	www.sixflagsgreatestescapelodge.com
Country Inn & Suites	(518) 745-0180	www.countryinns.com

Bolton Landing - 4 Miles from Walden

The Sagamore	(866) 385-6221	www.thesagamore.com
The Boathouse B&B	(518) 644-3554	www.boathousebb.com

Warrensburg - 7 Miles from Walden

Cornerstone Victorian B&B	(518) 623-3308	www.cornerstonevictorian.com
Seasons B&B	(518) 623-3832	www.seasons-bandb.com
Merrill Magee Inn	(518) 260-7729	www.merrillmagee.com

Please make your reservations early as Visiting Day coincides with the area's busiest tourist season.

